

2009 Fall Season Try-outs

The fall season will officially begin at Mt. Anthony Union HS on **Monday, Aug. 17.**

Due to the different starting dates for games for the various teams, try-outs and practices will begin at varying dates. Listed on the following pages are the **anticipated** dates and times for fall season sports for students entering grades 9-12.

We offer Varsity, JV and Freshman teams in football, boys & girls soccer and field hockey; and a boys & girls varsity cross country team.

REMINDER: Now is the time to make an appointment for a doctor's physical examination.

The physical is good for one calendar year from the date it is completed. By getting it over the summer, you are set for the entire school year. This form can be downloaded off our website: www.mauhsathletics.com. If you have any questions, feel free to contact me at 447-1899.

Tim Brown
Athletics & Activities Director

FOOTBALL

Try-outs for Varsity & JV football begin on **Monday, August 17.** Try-outs will run Monday through Friday, Aug. 17-21 on the **Vermont Vets Home** football practice field.

Practice will be Mon.-Friday from 8:00-11:00 and from 2:00-5:00. Players are to bring a lunch.

Scrimmages will be held on Aug. 22 and Aug. 29. The varsity season opener will be on Friday, Sept. 4 at home against Spaulding at 7:00 pm. Homecoming is Friday, Sept. 25 against Essex at 7:00.

Freshman are welcome to attend the double sessions starting Aug. 17. The first official practice for Freshmen is Aug. 26 from 3-5:00 p.m.

Contact:

Tom Otero (375-4315)

totero@svsu or

Frank Gaudette(518-334-2859)

REMINDER: All participants in soccer, field hockey, basketball, football, wrestling and lacrosse **must** wear mouthguards.

BOYS SOCCER

Try-outs for varsity boys soccer candidates will start **Monday, Aug. 17.** Try-outs will be held at the **Vt. Vets Home** Field from **8:30-11:00 am and 6:00-8:00 pm,** Monday through Friday.

The varsity team will open the season Sept. 1 at home against Mill River. The John James Tourney will be played Sept. 10 & 12.

Practice for **JV & Frosh** boys soccer will begin on Wednesday, **Aug. 19** at the Vets Home Field from 4-6:00.

Open Soccer at Howard Park will be 4:30-6:00 on Mondays and Wednesdays. Contact senior members of the team for information.

Contact:

Mike Molloy (413-446-9893)

mmolloy@campmkn.com

TRAINING RULES: MAU has adopted a "Zero Tolerance" rule regarding substance abuse and tobacco use. The policy is now year-round and students will be subject to consequences for violating the policy.

GIRLS SOCCER

Try-outs for varsity girls soccer candidates will start **Monday, Aug. 17**. Try-outs will be held at the Vocational Field from **8:00-10:30 a.m.** and from **6:00-8:00 p.m.** for all incoming 9-12th graders.

The first varsity game is scheduled for Monday, Aug. 31 at home against Otter Valley at 7:00. The MAU Soccer Tourney will be held on Sept. 3 & 5.

Try-outs for the **JV "A"** and **JV "B"** teams will begin on Friday, **Aug. 21** from **4-6:00** and on Saturday, **Aug. 22** from **9-11 a.m.** and **6-7:30 p.m.** on the Voc. Field.

Contact:

Scott Dickie (447-2532)

scott.dickie@shaws.com

Academic Eligibility:

Fall eligibility is determined by your 2nd semester Final Grades. ALL grades must be above 65 with a 70 average. Be prepared to present your report card at the first practice.

FIELD HOCKEY

Try-outs for all varsity candidates will run **Aug. 17-19** from **8-10:00 a.m.** and **4-6 p.m.**, and from **8-10:30 a.m. Aug. 20-21**. Practices for **JV** and **Freshmen** will run **4:00-6:00** starting on Wed., **Aug. 19**. The first varsity game is at the Hoosick Falls Tourney on Sept. 3 & 4. **Contact:** **Laura Paro (442-8520)**
loopyl@comcast.net

CROSS COUNTRY

Cross Country practice begins Monday, **Aug. 17** at **6 p.m.** on the HS track.

Contact:

Jim Dulin (447-3285)

jd102201@hotmail.com

CHEERLEADING

Cheerleading tryouts run Aug. 18-21 from 3-4:30 p.m. at High School. A UCA Clinic will be held on Aug. 17 from 9 a.m. to 4:00 p.m. at the MS.

Contact:

Brandy Cenci (518-665-8036)

bbertrand2@yahoo.com

Mt. Anthony
Union HS

2009
FALL SEASON

Athletic
Team
Try-outs
Schedules

Check out the MAU Activities
website: www.mauhsathletics.com
for schedules and much more.

Falltryouts-flyer (Word)