

2010 Fall Season Try-outs

The fall season will officially begin at Mt. Anthony Union HS on **Monday, Aug. 16** for **football** and **Monday, Aug. 23** for **all other HS sports**.

Due to the different starting dates for games for the various teams, try-outs and practices will begin at varying dates. Listed on the following pages are the **anticipated** dates and times for fall season sports for students entering grades 9-12.

We offer Varsity, JV and Freshman teams in football, boys and girls soccer; Vars. & JV in field hockey; and varsity only in boys and girls cross country & Cheerleading.

REMINDER: Now is the time to make an appointment for a doctor's physical examination. The physical is good for one calendar year from the date it is completed. By getting it over the summer, you are set for the entire school year. This form can be downloaded off our website: **www.maupatriots.com**.

If you have any questions, feel free to contact me at 447-1899, Ext. 5.

Tim Brown
Athletics & Activities Director

FOOTBALL

Try-outs for varsity football begin on **Monday, August 16**. Try-outs will run Monday through Friday, Aug. 16-20 on the **Vermont Veteran's Home** football practice field for all players grades 9-12.

Practice will be Mon.-Friday from 8:00-11:00 and from 2:00-5:00. Players are to bring a lunch.

Scrimmages will be held on Aug. 21 and Aug. 28. The varsity season opener will be on Friday, Sept. 3 at BFA-St. Albans at 7:00. Homecoming is Friday, Oct. 1 against Middlebury at 7:00.

Freshman are welcome to attend the double sessions starting Aug. 16. The first official practice for Freshmen is Aug. 23 from 3:15-5 p.m. **Contact: Steve Lalonde (733-8675)**
slalonde@svsu.org

REMINDER: All participants in soccer, field hockey, basketball, football, wrestling and lacrosse **must** wear mouthguards.

BOYS SOCCER

Try-outs for varsity boys soccer candidates will start **Monday, Aug. 23**. Try-outs will be held at the **Vt. Vets Home** Field from 3:00-5:00 p.m. and 6:30-8:00 p.m. Starting Aug. 25, tryouts will be 4:30-6:30 p.m.

The varsity team will open the season on Sept. 5 at Mill River. The James Tourney will be played Sept. 16 & 18.

Practice for **JV & Frosh** boys soccer begins Wednesday, **Aug. 25** at the Vets Home Field from 2:30-4:30 p.m.

Open Soccer during the summer will be on Sundays at Howard Park in Shaftsbury from 6-8:00 p.m.

Contact:

Mike Molloy (375-4006)

mmolloy@svsu.org

TRAINING RULES: MAU has adopted a "Zero Tolerance" rule regarding substance abuse and tobacco use. The policy is now year-round and students will be subject to consequences for violating the policy.

GIRLS SOCCER

Try-outs for varsity girls soccer candidates will start **Monday, Aug. 23**. Try-outs will be held at the Vocational Field from **8:00-10:30 a.m.** and from **5:30-8:00 p.m.** for all incoming 9-12th graders. Starting Aug. 25, practice will be 4:30-7:00 p.m. Practice on Aug. 28 will be from 8-10 a.m. Bring running shoes and a water bottle.

The first varsity game will be Sept. 7 at Otter Valley. The MAU Soccer Tourney will be held on Sept. 9 & 11.

Try-outs for the **JV "A"** and **JV "B"** teams will be held **Aug. 26-27** from 3:30-5:30 and on Saturday, **Aug. 28** from 10 a.m. to noon and **6-7:30 p.m.** on the Voc. Field.

Contact:

Scott Dickie (447-2532)
scott.dickie@shaws.com

Academic Eligibility:

Fall eligibility is determined by your 2nd semester Final Grades. ALL grades must be above 65 with a 70 average. Be prepared to present your report card at the first practice.

FIELD HOCKEY

Try-outs for all varsity candidates will run **Aug. 23-24** from **8-10:30 a.m.** and **4-6 p.m.** Starting Aug. 25, practice will run 2:30-5:00 p.m.

The first varsity game is Sept. 3 at Hoosick Falls Tournament.

Practices for **Junior Varsity** will begin on Aug. 25 and run from **3:00-5:00 p.m.**

Contact:

Laura Paro (442-8520)
loopyl@comcast.net

CROSS COUNTRY

Cross Country practice begins Monday, **Aug. 23** at **6 p.m.** on the HS track.

Contact:

Jim Dulin (384-3285)
jd102201@hotmail.com

CHEERLEADING

Cheerleading tryouts run Aug. 23-27 from 3-4:30 at High School. A UCA Clinic will be held in August at MAU Middle School (information TBA)

Contact:

Brandy Cenci (518-665-8036)
bcenci@svsu.org

Mt. Anthony Union HS

2010 FALL SEASON

Athletic Team Try-outs Schedules

Check out the MAU Activities
website: www.maupatriots.com
for schedules and much more.